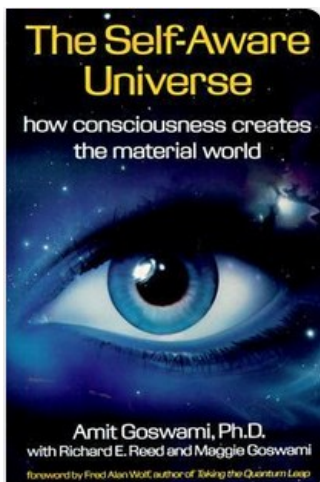


# 5 LIVRES SPIRITUALITE MODERNE

Petite liste de livre de spiritualité moderne, qui explore la connaissance du monde, à avoir dans sa bibliothèque de sagesse. Une fois que vous aurez lu ces livres vous atteindriez une forme d'illumination. Hélas ils sont en anglais, aucune version en français.

## The Self-Aware Universe: How Consciousness Creates the Material World – Amit Goswami



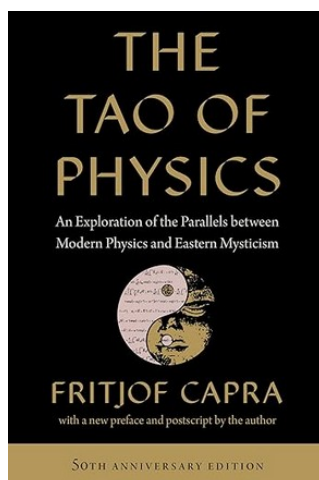
In this stimulating and timely book, Amit Goswami, PhD, shatters the widely popular belief held by Western science that matter is the primary "stuff" of creation and proposes instead that consciousness is the true foundation of all we know and perceive.

His explanation of quantum physics for lay readers, called "a model of clarity" by Kirkus Reviews, sets the stage for a voyage of discovery through the common ground of science and religion, the entwined nature of mind and body, and our interconnectedness with all of creation.

**Genre :** Science Philosophy Spirituality Nonfiction Physics Psychology Metaphysics Quantum Mechanics Religion Self Help

[Lien achat Amazon 14€](#)

## The Tao of Physics: An Exploration of the Parallels between Modern Physics and Eastern Mysticism – Fritjof Capra

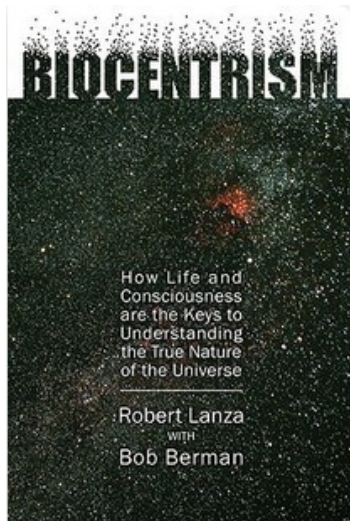


After a quarter of a century in print, Capra's groundbreaking work still challenges and inspires. This updated edition of The Tao of Physics includes a new preface and afterword in which the author reviews the developments of the twenty-five years since the book's first publication, discusses criticisms the book has received, and examines future possibilities for a new scientific world.

**Genre :** Science Philosophy Nonfiction Physics Spirituality Mysticism Taoism Popular Science Metaphysics Buddhism

[Lien achat Amazon 21€](#)

# Biocentrism: How Life and Consciousness Are the Keys to Understanding the True Nature of the Universe – Robert Lanza



Robert Lanza is one of the most respected scientists in the world—a *US News & World Report* cover story called him a "genius" and a "renegade thinker," even likening him to Einstein. Lanza has teamed with Bob Berman, the most widely read astronomer in the world, to produce *Biocentrism*, a revolutionary new view of the universe.

Every now and then a simple yet radical idea shakes the very foundations of knowledge. The startling discovery that the world was not flat challenged and ultimately changed the way people perceived themselves and their relationship with the world. For most humans of the 15th century, the notion of Earth as ball of rock was nonsense. The whole of Western, natural philosophy is undergoing a sea change again, increasingly being forced upon us by the experimental findings of

quantum theory, and at the same time, towards doubt and uncertainty in the physical explanations of the universe's genesis and structure. *Biocentrism* completes this shift in worldview, turning the planet upside down again with the revolutionary view that life creates the universe instead of the other way around.

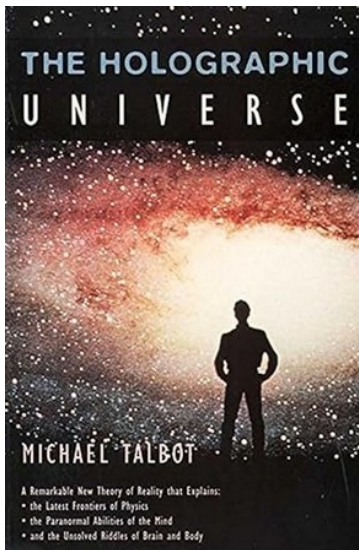
In this paradigm, life is not an accidental byproduct of the laws of physics. *Biocentrism* takes the reader on a seemingly improbable but ultimately inescapable journey through a foreign universe—our own—from the viewpoints of an acclaimed biologist and a leading astronomer. Switching perspective from physics to biology unlocks the cages in which Western science has unwittingly managed to confine itself. *Biocentrism* will shatter the reader's ideas of life—time and space, and even death. At the same time it will release us from the dull worldview of life being merely the activity of an admixture of carbon and a few other elements; it suggests the exhilarating possibility that life is fundamentally immortal.

The 21st century is predicted to be the Century of Biology, a shift from the previous century dominated by physics. It seems fitting, then, to begin the century by turning the universe outside-in and unifying the foundations of science with a simple idea discovered by one of the leading life-scientists of our age. *Biocentrism* awakens in readers a new sense of possibility, and is full of so many shocking new perspectives that the reader will never see reality the same way again.

**Genre :** Science Nonfiction Philosophy Physics Psychology Biology Spirituality Metaphysics Popular Science Nature

[Lien achat Amazon 14€](#)

## The Holographic Universe – Michael Talbot



Today nearly everyone is familiar with holograms, three-dimensional images projected into space with the aid of a laser.

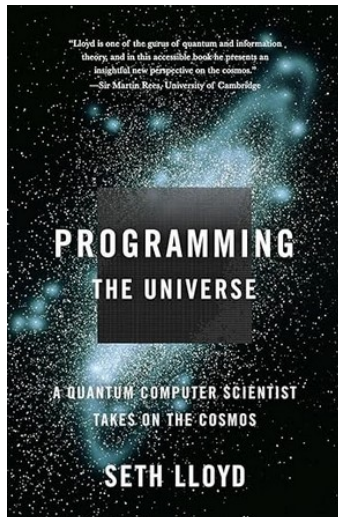
Now, two of the world's most eminent thinkers -- University of London physicist David Bohm, a former protege of Einstein's and one of the world's most respected quantum physicists, and Stanford neurophysiologist Karl Pribram, one of the architects of our modern understanding of the brain -- believe that the universe itself may be a giant hologram, quite literally a kind of image or construct created, at least in part, by the human mind.

This remarkable new way of looking at the universe explains not only many of the unsolved puzzles of physics, but also such mysterious occurrences as telepathy, out-of-body and near death experiences, "lucid" dreams, and even religious and mystical experiences such as feelings of cosmic unity and miraculous healings.

**Genre :** Science Nonfiction Philosophy Spirituality Physics Metaphysics Psychology Paranormal Quantum Mechanics Mysticism

[Lien achat Amazon 7,88€](#)

## Programming the Universe: A Quantum Computer Scientist Takes on the Cosmos – Seth Lloyd



Is the universe actually a giant quantum computer? According to Seth Lloyd—Professor of Quantum-Mechanical Engineering at MIT and originator of the first technologically feasible design for a working quantum computer—the answer is yes. This wonderfully accessible book illuminates the professional and personal paths that led him to this remarkable conclusion.

**Genre :** Science Physics Nonfiction Computer Science Philosophy Computers Programming Mathematics Technology Unfinished

[Lien achat Amazon 16€](#)